

Netherlands

- [The Guardian – Dutch maternity care as global model](#)
- [Access NL – What is Kraamzorg?](#)
- [Thesis paper on Dutch postnatal care](#)

Germany & Australia

- [Newborn Mothers – German and Australian postpartum care](#)
- [Baby in Berlin – Insurance-paid help after birth](#)

United Kingdom (Health Visiting / MECSH)

- [GP Care Group – Maternal Early Childhood Sustained Home Visiting \(MECSH\)](#)
- [MECSH External Report](#)
- [Institute of Health Visiting – Government commitment](#)
- [Better Lives Healthy Futures – MECSH programme](#)

Canada

- [Ottawa Public Health – Healthy Babies, Healthy Children](#)
- [Nobody's Perfect Program](#)
- [Government of Canada – Pregnancy support programs](#)

South Korea

- [Korea JoongAng Daily – Premium postpartum care at Sanhujoriwon](#)
- [PMC article on Sam-chil-il tradition](#)
- [The Klog – Korean postpartum services](#)
- [Rice University – Research on postpartum care](#)
- [Seoul government – Postpartum subsidies](#)

Bhutan

- [Midwifery Standards \(2018\)](#)
- [JICA Technical Brief](#)

Malaysia

- [The Star – Malaysian confinement rituals](#)
- [Monash – Postpartum practices in Malaysia](#)

India

- [Royal Society – Traditional practices](#)
- [Google search reference on Sutak](#)
- [Business Insider – Support after birth in India](#)
- [Women Studies article on maternal mortality](#)

Indonesia

- [Elsevier – Women's efforts to solve postpartum problems](#)
- [International Journal of Public Health Science – Indonesian practices](#)
- [Brown University Public Health Journal – Midwifery in Indonesia](#)

Vietnam

- [EthnoMed – Vietnamese and Chinese practices](#)
- [ScienceDirect – Vietnamese women's cultural beliefs](#)
- [Family.my – Postpartum confinement practices in Vietnam](#)

Nigeria (Omugwo tradition)

- [Trust Africa – Omugwo](#)
- [Innovate Age – Postpartum caregiving practices](#)

Ghana

- [WHO Bulletin \(1997\) – Outdooring \(naming ceremony\)](#)

Hispanic / Latin American Communities

- [BabyCenter – Cuarentena tradition](#)
- [Dissertation - Research on Cuarentena](#)

Islamic Traditions

- [Dissertation – Postpartum practices](#)
- [Al-Islam – Definition of nifas \(post-natal bleeding\)](#)

United States

- [ACOG – Optimizing postpartum care](#)
- [DONA International – What is a Doula?](#)